

Prevention, Diagnosis, and Self-Management in Lung Health

Tuesday, January 21 2025 (virtual)



BETTER BREATHING WEEK 2025 PRELIMINARY PROGRAM

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9:00 AM – 9:45 AM	Plenary: Is Canada Embracing the Smoke-Free Generation? Explore the successes and challenges from real-world implementation of nicotine-free or smoke-free generation policies across multiple jurisdictions, including the potential for impact and advocacy.		
9:45 AM – 10:00 AM	NETWORKING BREAK		
10:00 AM – 10:45 AM	<table><tr><td>Concurrent A: Teen Vaping: Trends and Tools to Support Cessation Efforts Experts will review recent trends in teen vaping and teen vaping reduction targets and describe evidence-based programs and resources designed to reduce youth vaping.</td><td>Concurrent B: Advancing the Pan-Canadian Action Plan on Lung Cancer An overview of the goals, strategies, and priorities outlined in the draft Pan-Canadian Action Plan on Lung Cancer and a discussion on potential areas for improvement that could drive meaningful change in Canada.</td></tr></table>	Concurrent A: Teen Vaping: Trends and Tools to Support Cessation Efforts Experts will review recent trends in teen vaping and teen vaping reduction targets and describe evidence-based programs and resources designed to reduce youth vaping.	Concurrent B: Advancing the Pan-Canadian Action Plan on Lung Cancer An overview of the goals, strategies, and priorities outlined in the draft Pan-Canadian Action Plan on Lung Cancer and a discussion on potential areas for improvement that could drive meaningful change in Canada.
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11:45 AM – 1:00 PM	NETWORKING BREAK		
1:00 PM – 2:00 PM	Sponsored Session by Amgen Experts sponsored by Amgen will review the latest advancements in lung cancer treatment.		

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HEALTH EQUITY SPOTLIGHT

Join our very first Health Equity Spotlight at Better Breathing Week! These sessions will provide insight into the actions we can take to provide equitable respiratory care across Canada.

2:00 PM – 3:00 PM

Enhancing Equity and Access to Respiriology Care in Underserved Communities

Three panelists will provide an analysis of the unique barriers and potential solutions that exist when addressing equitable access to respirology services in underserved Ontario communities.

3:00 PM – 4:00 PM

Collaborating to Advance Equity for Indigenous Communities in New Brunswick

New Brunswick Lung, a member of the National Lung Health Alliance, will review examples of implementation strategies and approaches they are using to support better lung health in Indigenous communities.

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Wednesday, January 22 2025 (virtual)



BETTER BREATHING WEEK 2025 PRELIMINARY PROGRAM

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9:00 AM – 9:45 AM

Plenary: Lung Transplants in Canada: Current State and Opportunities for Improvement from Alberta Lung Association

National Lung Health Alliance member, Alberta Lung Association, will provide the latest trends in lung transplants in order to understand the current state of practice and identify areas needing attention, including an update on its Breathing Space initiative.

9:45 AM – 10:00 AM

NETWORKING BREAK

10:00 AM – 10:45 AM

Concurrent A: Lung Cancer Survivorship – What are the Minimum Requirements for Follow-Up?

Experts review the essential elements of follow-up care for lung cancer survivors and discuss practical take home messages for family medicine, radiation oncology, and medical oncology.

Concurrent B: Vaping Unveiled: Understanding the Health Risks and Impacts

An overview of the clinical signs of pulmonary conditions potentially caused by e-cigarette use and why we need to advocate for stricter regulations and public health education.

11:00 AM – 12:00 PM

Sponsored Session by Trudell

Experts will provide a case-based COPD seminar, including insights from a patient's lived experience.

12:00 PM – 1:00 PM

Sponsored Session by Sanofi

Experts will review the latest on Respiratory Syncytial Virus.

10:45 AM – 1:00 PM

NETWORKING BREAK

Prevention, Diagnosis, and Self-Management in Lung Health

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PRIMARY CARE SERIES

Join us for the very first Primary Care Series at Better Breathing Week! Participate in case-based discussions on how to identify and diagnose a range of complex respiratory illnesses, receive updates on the latest guidelines in COPD and more!
(SEE SHADED SECTIONS BELOW)

1:00 PM – 1:45 PM

Concurrent A:
Lung Cancer Prevention & Radon – What You Should Know & How You Can Advocate

New data from a national radon study, what this means for lung cancer risk, and ways we can advocate to protect all Canadians from exposure to radon. Includes an overview of upcoming policy changes at the Federal and Provincial level.

Concurrent B:
A Review of Current COPD Guidelines – A National and International Perspective

Guidance from experts about how to navigate the differences between guidelines and implement best practices for COPD diagnosis and management in primary care.

1:45 PM – 2:00 PM

NETWORKING BREAK

2:00 PM – 3:00 PM

Concurrent A:
The Power Wheel: A Transformative Tool to Engage Patient Partners in the Healthcare System

Learn about the influence of ‘power’ in the context of patient engagement and the strategies we can use to ensure diverse perspectives are better integrated into healthcare decisions.

Concurrent B:
Understanding and Identifying Severe Asthma in Primary Care

Explore the definition of severe asthma, practical identification strategies in busy settings, and crucial clinical implications for effective treatment. Learn how to enhance diagnosis and management to improve patient outcomes.

3:00 PM – 3:45 PM

Concurrent A:
Access to Lung Cancer Screening in Northern Canada (NWT)

The geographical, logistical, and socioeconomic factors that affect access to lung cancer screening in Northern Canada (Northwest Territories) and strategies that could improve access.

Concurrent B:
Access to Tuberculosis Diagnostics for Health Professionals Across Canada

An overview of the accessibility and effectiveness of tuberculosis detection tools and methodologies across Canada and potential solutions to enhance access.

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3:45 PM – 4:00 PM

NETWORKING BREAK

4:00 PM – 5:30 PM

Concurrent A:
Lung Health Foundation's Community Programs - Get the Support You Need - Featuring our new Person-Centered Network, the Loop!

4:00 PM – 4:45 PM

An overview of LHF programs that individuals living with lung disease can access or refer friends to for education, support, community, and navigation.

Concurrent B:
Evaluating Undifferentiated Respiratory Symptoms - A Case-Based Workshop Focused on Diagnosis & Referrals

4:00 PM – 5:30 PM

Discuss a systematic approach for evaluating patients with undifferentiated respiratory symptoms in primary care, including pharmacologic and non-pharmacologic treatments, referral criteria, and follow-up care.

Novel Research, Complex Cases, and the Future of Lung Health

Friday, January 24 2025 (*in-person*)



BETTER BREATHING WEEK 2025 PRELIMINARY PROGRAM

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9:00 AM – 10:00 AM

Plenary: Shaping the Future of Lung Health through Innovation, Practice, and Policy

Engage with your colleagues to explore the current opportunities and barriers as well as emerging trends in lung health that need to be anticipated and addressed. Participants will collectively brainstorm a way forward across research, practice and policy. This will be an interactive experience!

10:00 AM – 10:50 AM

Guiding the Path Forward – Insights for Lung Health Foundation’s Next Strategic Plan

Continuing the conversation from the keynote session, participants will have the opportunity to provide input into the Lung Health Foundation’s next Strategic Plan.

11:00 AM – 11:50 AM

Concurrent A: Decoding Complex Undifferentiated Respiratory Cases - A Workshop

Experts will deliberate and provide practical insights on how they would diagnose complex cases with undifferentiated respiratory symptoms in respirology.

Concurrent B: Navigation of Consultations and Referrals in Lung Health, with a Focus on Pulmonary Rehabilitation

An overview of effective strategies to facilitate consultations and referrals between lung health professionals and how to address key challenges in the referral process for pulmonary rehabilitation.

12:00 PM – 1:00 PM

Sponsored Session by Sanofi

Experts will provide comprehensive disease state education on COPD.

11:50 AM – 1:15 PM

NETWORKING BREAK & LUNCH

1:15 PM – 2:45 PM

Concurrent A: How to Meaningfully Engage Patients in Research

This workshop will guide researchers on co-creating research with patient partners. You'll hear directly from researchers and patients, learn about common challenges, and discover strategies for success.

Concurrent B: Respirology Resident Case Competition

All are invited to join our Annual Respirology Resident Case Competition! Watch six residents compete from centres across Ontario—including Toronto, Toronto-Pediatric, Kingston, Hamilton, London, and Ottawa.

2:45 PM – 3:15 PM

NETWORKING BREAK

Novel Research, Complex Cases, and the Future of Lung Health

Friday, January 24 2025 (*in-person*)



3:15 PM – 5:00 PM

Research Rumble: Thesis Competition & Mentorship Event

Join us for the 2nd Annual Research Rumble! Following the success of last year's event, students from across Canada will provide rapid-fire presentations of their research, with real-time awards presented.

5:00 PM – 5:30 PM

NETWORKING BREAK

5:30 PM – 6:15 PM

Year in Review: Non-Cystic Fibrosis (CF) Bronchiectasis and Nontuberculous Mycobacteria (NTM)

Recent updates on treatment options for bronchiectasis, including novel antimicrobial agents, therapeutic regimens, and management approaches tailored to patient-specific factors will be provided.

BETTER BREATHING SOCIAL

6:30 PM – onward

Join us for an unforgettable evening of inspiration, engaging discussions, and meaningful connections with others who share a commitment to respiratory health and well-being. Delicious food and drink provided!

Novel Research, Complex Cases, and the Future of Lung Health

Saturday, January 25 2025 (in-person)



BETTER BREATHING WEEK 2025 PRELIMINARY PROGRAM

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9:00 AM – 10:00 AM

Plenary: Managing Cardiovascular Risk Reduction in Patients with COPD: Explore Feasible and Effective Solutions

A dialogue about practical approaches to support cardiovascular risk reduction in people with COPD and strategies for how to enhance collaboration with cardiology.

10:00 AM – 10:45 AM

**Concurrent A:
Recent Advances in Pulmonary Genetics:
The Future is Now**

A synopsis of the role of genetics in the development and progression of respiratory medicine.

**Concurrent B:
Year in Review: Pediatric Interstitial Lung Disease**

A deep dive into the diverse pathophysiology of pediatric interstitial lung diseases (ILD), current evidence-based treatment approaches, and the future of ILD research and treatment.

10:45 AM – 11:00 AM

NETWORKING BREAK

11:00 AM – 11:45 AM

**Concurrent A:
Managing ICI-Induced Pneumonitis:
Current Perspectives**

An exploration of the clinical presentation and diagnostic criteria for immune checkpoint inhibitor-induced pneumonitis, including distinguishing it from other treatment-related toxicities and lung conditions.

**Concurrent B:
COPD Care Evolution: Moving from
Episodic Management to Integrated Care**

The unveiling of a new COPD Best Practices Implementation Toolkit that will include resources to support health professionals and health system leaders to implement the Ontario Health COPD quality standard.

11:45 AM – 1:00 PM

NETWORKING BREAK

1:00 PM – 3:00 PM

**Concurrent A:
Spirometry Interpretation Workshop**

Learn how spirometry supports accurate diagnosis of lung disease and discuss the measurements of lung function and their application to spirometry interpretation.

**Concurrent B:
Advocacy School - Master the
Essentials of Effective Advocacy**

A practical workshop on the key principles of effective advocacy, how to craft compelling messages and how to engage with policymakers to influence lung policy in Canada. Whether you are a healthcare professional, manager, person with lived experience or caregiver, this workshop will provide you with the skills and support you need to make a difference!

Collaborative Meetings & Special Events



FRIDAY, JANUARY 24

11:00 AM – 1:00 PM **Research Working Group Meeting**

SATURDAY, JANUARY 25

1:00 PM – 5:00 PM **The Ontario Respiriology Residents' Symposium**

This exclusive event is targeted to residents in the five Ontario Respiriology Training Programs. Residents from the University of Toronto, University of Ottawa, McMaster University, Queen's University, and Western University all attend the symposium, which is held directly following the Better Breathing Conference

3:00 PM – 5:00 PM **Evidence-Based Practice Committee Advisory Meeting**

3:00 PM – 5:00 PM **Primary Care Asthma & COPD Program Coordinator Group Meeting**

Thank you to our sponsors



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